



Community Services: Housing, Advocacy, and Food

HOUSING AND COMMUNITY SERVICES AND SUPPORT		
OVERNIGHT SHELTER	Shelter is open from 9:30pm to 7:45am. You can also call the CRC for more information (Shelter phone is only answered during open hours).	Address: Beside the CRC at 4752 Joyce Ave Phone: 604-578-0633
HOUSING HOPE	Housing Hope supports youth (under 19) and families with children who are <i>homeless</i> or <i>at risk of homelessness</i> in the Powell River area. If you are homeless, couch-surfing, living in unsafe circumstances, sleeping rough, facing eviction or struggling to pay rent or utilities, we can help. Our services are confidential and based on individual need. Available supports include: housing search, first month's rent and damage deposit, rent and utility arrears repayment, basic and urgent needs supports and community services connections.	Facebook: Housing Hope Email: housinghopepowellriver@gmail.com Call/Text: 604 223 2853 Website: https://www.pressbc.com/program/housing-hope/ PLEASE NOTE: We are NOT an emergency or 24-hour response service.
COMMUNITY RESOURCE CENTRE	All free services. Food, public access computers, public telephone, volunteer tax-help, legal services information, community services information and referral services, laundry facilities.	Monday -Thursday 12-4PM. Address: 4752 Joyce Ave Phone: 604-485-0992 - Call for hours Website: http://www.prcrc.org/About1.html
FETCH: For Everything That's Community Health	A searchable hub for resources, programs, services and supports related to community health	http://powellriver.fetchbc.ca/index.html
PUBLIC SHOWERS		
City Works Yard	Public showers available for anyone. Go to the Seacan, in the southside of the yard, across from the Ford dealership on southside of yard.	Mon-Fri 8:30-2PM City of Powell River Works Yard 7160 Duncan Street P: 604-485-6291
Marina Showers (not open to public)	Please note: Marina showers (by the ferry) are for boat owners only (Feb 2021).	
SUPPORT WITH LANDLORD-TENANT ISSUES		
THE POVERTY LAW ADVOCACY PROGRAM	This program provides free and confidential service to people with legal poverty related issues; including applying for provincial and federal benefits of all kinds,	Phone: Joyce @ 604-485-0950 Monday to Friday. Please leave a detailed message on voicemail and someone will return your call. Email: povertylaw@telus.net

Please contact programs for up-to-date information. Not comprehensive. Provided by Lift Community Services (jessical@liftcommunityservices.org). Last update June 2022.



Community Services: Housing, Advocacy, and Food

	appealing denials, tenancy issues, debt and collections, employment problems, human rights.	
BC LANDLORD-TENANT DISPUTE RESOLUTION	Both landlords and renters have specific rights in a tenancy. Access information and resources that will help you have a successful tenancy.	Phone: 1-800-665-8779 Email: HSRTO@gov.bc.ca Website: https://www2.gov.bc.ca/gov/content/housing-tenancy/residential-tenancies
TENANT RESOURCE & ADVISORY CENTRE	Free legal education & advocacy for BC tenants. TRAC's Tenant Infoline provides tenants across BC with free legal information and referral services. When calling TRAC's Tenant Infoline, please be prepared to answer some preliminary questions about your rental situation.	Website: https://tenants.bc.ca/ Call: 604-255-0546 or 1-800-665-1185 Monday: 1:00pm-5:00pm Tuesday: 1:00pm-5:00pm Wednesday: 5:30pm-8:30pm Thursday: 1:00pm-5:00pm Friday: 1:00pm-5:00pm
BC HOUSING	Rental Assistance Programs (RAP) Shelter Aid for Elderly Residents (SAFER)	https://www.bchousing.org/housing-assistance
LEGAL AID BC	A range of free services. Priority to people with low incomes, but many services are available to all British Columbians. Information, resource, legal advice, and representation (eligibility criteria required)	Mon, Tue, Thu, and Fri: 9 am to 4 pm Wed: 9 am to 2:30 pm Phone 1-866-577-2525 Interpreters available https://lss.bc.ca/general/provincialCallCentre
HOUSING LISTS		
FACEBOOK PAGES	It is a good idea to write an ISO (In Search of) that tells a bit about you, your situation (kids, pets), area of town, and what your budget is on the Facebook pages. <i>Landlords often contact people, instead of listing what they have available.</i>	POWELL RIVER FOR RENT / APARTMENTS, ROOMS AND HOMES Powell River For Rent or Sale by owner powell river for rent Powell River For Rent or Sale by owner Powell River RENTAL Homes Powell River Property Rentals Powell River Message Board Powell River South Texada Housing Availability

Please contact programs for up-to-date information. Not comprehensive. Provided by Lift Community Services (jessical@liftcommunityservices.org). Last update June 2022.



Community Services: Housing, Advocacy, and Food

RENTAL COMPANIES		
WESTCOAST ENDEAVOURS RENTALS	Check website. Fill out application in advance, <i>sometimes there is a waitlist. References and proof of income required</i>	Website: https://www.westcoastend.com/
REMAX	Check website. Fill out application in advance, <i>sometimes there is a waitlist.</i>	<i>Chris Carlos</i> 4545 Marine Ave, Powell River, BC V8A 2K5 Website: http://powellriver4rent.com/
ROYAL LEPAGE RENTALS	Check website. Fill out application in advance, <i>sometimes there is a waitlist.</i>	Email: powellriverrentals@royallepage.ca Website: www.royallepagepowellriver.ca/rentals
APARTMENT BUILDINGS / CABINS		
OCEANSIDE RESORT	Phone for availability, fill out application, sign up for waitlist.	Phone: 604-485-2435
SENIORS BUILDING ON GLACIER STREET	Phone for availability, fill out application, sign up for waitlist. Oceanview / NS.	Phone: 604-485-2662
WORTHINGTON APARTMENTS	Phone for availability, fill out application, sometimes there is a waitlist.	Phone: 604-485-2038 (Eve Jones)
OCEANVIEW APARTMENTS	Phone for availability, fill out application, sometimes there is a waitlist.	Phone: 604-485-2038 (Eve Jones)
SURFRIDER APARTMENTS	Phone for availability	Phone: 604-485-5557 / 604-413-1177 (cell)
CRANBERRY MOTOR INN	Phone for availability and monthly rentals	Phone: 604-483-3168 (Cran Bar)
MARLAND MOTEL	Phone for availability and monthly rentals	Phone: (604) 485-4435
AFFORDABLE / SUBSIDIZED HOUSING		
LIFECYCLES HOUSING	Ontario Street - 31 units / townhouses, 1 bedroom apartments, 2 bedrooms / wheelchair accessible Brew Bay - 12 cottages, 2 bedrooms, no wheelchair access Cranberry - 8 cottages, 1 bedrooms, no wheelchair access	Website: https://lifecyclehousing.com/what-we-do Call: 604-485-6006 / Mon – Thurs 9-4PM Email: lchouse@uniserve.com

Please contact programs for up-to-date information. Not comprehensive. Provided by Lift Community Services (jessical@liftcommunityservices.org). Last update June 2022.



Community Services: Housing, Advocacy, and Food

KIWANIS SENIORS VILLAGE	Phone / email for availability and to be on the waitlist	Phone: 604-485-5210 Website: https://www.kiwanishousing.com/copy-of-lifestyle-leisure Email: karenanne.martin@kiwanishousing.com
POWELL RIVER INCLUSIVE HOUSING SOCIETY	Phone / email for availability and to be on the waitlist	Phone: 604-485-6411 Email: info@inclusionpr.ca Website: https://inclusionpr.ca/subsidiaries/
FOOD RESOURCES + SUPPORTS		
MONDAY	12 - until supplies last Lunch @ Community Resource Centre 4752 Joyce 12:30 - until supplies last BREAD + VEGGIES @ The Salvation Army 4500 Joyce FOOD HAMPERS Call to Request @ Salvation Army 604-485-6067	
TUESDAY	10AM-2PM FOOD BANK @ 6816B Alberni 604-485-9166 12 - until supplies last LUNCH @ Community Resource Centre 4752 Joyce GOOD FOOD BOX 1 per Month \$25-\$28 www.food.liftcommunityservices.org/shop P:604-344-0531	
WEDNESDAY	10AM - 2PM FOOD BANK @ 6816B Alberni 604-485-9166 12 - until supplies last LUNCH @ Community Resource Centre 4752 Joyce 11:30 - until supplies last SOUP + SANDWICH PICK UP @ The Salvation Army 4500 Joyce	
THURSDAY	10AM-2PM FOOD BANK @ 6816B Alberni 604-485-9166 12 - until supplies last LUNCH @ Community Resource Centre 4752 Joyce	
FRIDAY	12:30- until supplies last BREAD + PRODUCE PICK UP @ The Salvation Army 4500 Joyce	
WEEKEND	SUNDAY 2:30 FOOD PICK UP @ Seventh Day Adventist 4880 Joyce 604-485-7106	
ADDITIONAL FOOD AND SOCIAL SUPPORTS		
Texada Island Food Bank	604-483-1219 pdfleming1314@gmail.com	
Tla'amin Nation	Brandi Marriott 604-483-9646 ext 143 brandi.marriott@tn-bc.ca	
Métis Nation	FB: Métis Nation E: office@mnpr.ca	
Good Food Box	W: https://www.food.liftcommunityservices.org/ E: adriana@liftcommunityservices.org P: 604-344-0531	
Family Place and BOND (Babies Open New Doors)	7100 Alberni Street in Town Centre Mall Family Place 604-485-2706 for hours and programs Pantry for families BOND 604-485-2604 for information.	

Please contact programs for up-to-date information. Not comprehensive. Provided by Lift Community Services (jessical@liftcommunityservices.org). Last update June 2022.



Community Services: Housing, Advocacy, and Food

Danielle's Helping Hands Fund	Offered by the United Way qathet Prompt, one-time grants to help low-income individuals and families with emergency expenses (rent, bills, vehicle repairs, health costs, etc.) Phone: 604-485-2132 Website: http://www.unitedwayofpowellriver.ca/danielles-helping-hand-fund.html
CARE Cupboards (Lift Community Services)	Visit the outdoor CARE Cupboards – personal care/ toiletries, harm reduction kits, and books Locations: CRC (on south back/side of building) Carlson Club on Joyce (on sign facing Joyce) Texada Island Food Bank Supportive Housing on Joyce Tla'amin Fire Department (back side of building). In partnership with Lift Community Services.
SUSTAIN	Substance Users Society Teaching Advocacy Instead of Neglect Located inside the Community Resource Centre at 4752 Joyce Ave. Call for hours: 604-485-0992 In partnership with Lift Community Services
Overdose Prevention Site	Open 4-8PM 7 days / week Side of Community Resource Centre (4752 Joyce Ave) Supervised use, harm reduction supply, peer support, overdose response, and more. In partnership with Lift Community Services.
Injectable Opioid Agonist Therapy Clinic (iOAT)	Open 9 – 4pm 7 days / week co located with OPS, Backside of Community Resource Centre supervised use (when capacity allows), harm reduction supplies, overdose response, peer support, nursing care for program participants, referral to resources, dispensing of iOAT – safer pharmaceutical alternatives to program participants.
Immigrant Services	Free services and programs that support newcomers to Canada, living in our community, including ESL tutoring, community connections, information, and help accessing other services. Phone: 604-414-3630 Email: immigrantservices@liftcommunityservices.org A program supported by Lift Community Services
Trans qathet	Peer support, events and gathering, mutual aid fund for gender diverse people in need. Laurance@transqathet.ca 604-414-6187
WorkBC	Free employment assistance and support for job seekers and employers. 103 - 4511 Marine Avenue 604-485-7958 info-powellriver@workbc.ca http://workbccentre-powellriver.ca 8:30 am - 4:30 pm - Monday & Tuesday 8:30 am to 7:30 pm - Wednesday 8:30 am to 1:30 pm - Thursday

Please contact programs for up-to-date information. Not comprehensive. Provided by Lift Community Services (jessical@liftcommunityservices.org). Last update June 2022.



Community Services: Housing, Advocacy, and Food

	Closed Friday – Sunday
qathet Community Justice 604-414-4203	Criminal and non-criminal Restorative Justice services https://qathetcj.org/ qCJ@liftcommunityservices.org
VCH Mental Health & Substance Use Team 604-485-3300	5000 Joyce Ave Programs: Counsellors Older Adults Team Overdose Outreach Team Intensive Case Management Youth Services
VCH Public Health 604-485-3310	Sexual Health Clinic Youth Health Clinic Mobile Harm Reduction Parent-baby programs
SUPPORT AND CRISIS LINES	
BC 211 (24/7) Phone: 211	Information and referrals to basic needs like food and shelter, mental health and substance use support, & legal and financial assistance Website: https://bc.211.ca/
Health Link BC 811 Phone: 811	Provincial health information line Nurses, navigators, pharmacists, nutritionists, exercise professionals https://www.healthlinkbc.ca/more/contact-us/8-1-1
310 Mental Health Support (24/7) Phone: 310-6789	310 Mental Health Support For individuals who would like emotional support, information and resources specific to mental health in British Columbia. The service is available 24 hours a day, 7 days a week and is toll-free anywhere in British Columbia (no need to dial an area code). For emotional support, information and resources specific to mental health. This website is designed to provide general information only, not direct services: https://www.crisislines.bc.ca/services
Crisis Intervention and Suicide Prevention Centre of BC	Web and telephone based hotlines for youth and adults in distress. Emotional support, information and resource provided by volunteers, supported by a small team of professional staff. Services available in 140 languages. Available in BC and Yukon. Free and confidential. Noon - 1am / 7 days a week Online chat for adults: https://crisiscentrechat.ca/ Online chat for youth: https://youthinbc.com/ 24/7 Crisis Lines Phone 1-800 SUICIDE: 1-800-784-2433

Please contact programs for up-to-date information. Not comprehensive. Provided by Lift Community Services (jessical@liftcommunityservices.org). Last update June 2022.



Community Services: Housing, Advocacy, and Food

	<p>Seniors Distress Line: 604-872-1234 Mental Health Support: 310-6789 TTY: 1-866-872-0113 Phone: 1-866-661-3311</p>
<p>Grace House Crisis Line (24/7) Phone: (604) 485-9773</p>	<p>Provided by qathet Safe (formerly Powell River & Region Transition House Society) 24/7 crisis support to everyone in qathet Regional District Victim Services: 604-485-2620 Stopping the Violence: 604-485-6965</p>
<p>Kids Help Phone (24/7) Text: CONNECT to 686868 Call: 1-800-668-6868</p>	<p>24/7 national support service. Counselling, programs, and resources for children and youth. Available in French and English. Website: https://kidshelpphone.ca/</p>
<p>KUU-US Crisis Line (24/7) 1-800-588-8717</p>	<p>Culturally safe, over the phone support for Indigenous adults, children and youth Crisis, mental health, substance use, suicide Website: https://www.kuu-uscrisisline.com/</p>
<p>Métis Crisis Line (24/7) 1-833-METIS-BC (1-833-638-4722)</p>	<p>24/7 support for Métis individuals in crisis. Website: https://metisnation.ca/covid19/2020/03/26/coronavirus-covid19-metis-nation-bc-response/</p>
<p>Seniors Distress Line 24/7 604-872-1234</p>	<p>Seniors First BC 24/7 provides a free and confidential telephone support service for seniors, their caregivers or anyone concerned about a senior, offered by highly trained, non-judgemental and caring volunteers.</p>
<p>Trans Lifeline's Peer Support Hotline (24/7) 1-877-330-6366</p>	<p>24/7 support and resources for trans people, supported by trans-identified peer operators. Website: https://www.translifeline.org/blog/post/trans-community-and-covid</p>

Please contact programs for up-to-date information. Not comprehensive. Provided by Lift Community Services (jessical@liftcommunityservices.org). Last update June 2022.